



It's not how long
it takes to get there...

it's who you touch
along the way...

and what's waiting
on the other side.

Kevin is Lovelane's youngest student, not quite two years old. He was diagnosed at birth with hypertrophic cardiomyopathy, low muscle tone and delayed motor skills. His parents hope that therapeutic riding will help him stand and walk unsupported, build strength and balance and develop confidence. Kevin's journey is just beginning...

"Kevin absolutely LOVES riding. His muscle tone and strength have clearly improved during his time at Lovelane. We are so grateful for this wonderful opportunity."

Kim and Neil Callanan, Kevin's parents

Sierra has been riding at Lovelane for two years. She was born with cerebral palsy and is a cancer survivor. Riding relaxes her tight muscles and strengthens the low tone in her arm, leg and trunk muscles. It is a therapy that cannot be replicated in any other traditional clinical setting. Sierra's work in the barn also helps build self-esteem and sense of purpose. Experience some of Sierra's journey with her at www.vimeo.com/15312022.

"When Sierra is on a horse, she is functioning like a child without a disability. We are so thankful; we would not be here without the tuition assistance."

Jennifer Williams, Sierra's Mother

"At Lovelane it seems like it's my family, it's like another home to me."

Sierra

Bess began her journey with us six years ago. She has Asperger's and a motor learning disability. That fragile young girl is now an engaged and accomplished rider. Her balance, coordination and motor skills have improved immeasurably and she has learned to work cooperatively and cope with the unexpected. Featured on an episode of *Arthur*, her on-camera eloquence speaks volumes about her sense of confidence and success.

"Bess faces many challenges but Lovelane's gentle horses and skillful instructors give her the tools and courage to believe that she can overcome them."

Jamie Freed and Bob MacWilliams, Bess' parents

"Riding gives me a kind of connection with the horses. I'm very personal with them"

Bess

*Your gift makes
the journey possible.*

Help our riders
achieve their goals and
meet their potential.

They need your help now!

Join the journey



Lovelane Special Needs Horseback Riding Program

Established in 1988, Lovelane has provided therapeutic horseback riding services to hundreds of children living with a wide range of disabilities and special needs. Lovelane's journey is one inspired by the heroic efforts of the children served here.

Founder and Executive Director, Debby Sabin, combined her love of horses and her belief in their healing power with her clinical expertise as an occupational therapist to begin a therapeutic riding program in a borrowed barn on Love Lane in Weston. Years later, her extraordinary success with these children garnered enough support to build a state-of-the-art facility in Lincoln, MA designed exclusively for the special needs population.

Today, Lovelane provides over 4,000 individualized therapeutic lessons a year to over 100 students from 36 Greater Boston Communities. Lovelane students range in age from 15 months to 25 years old. Students whose primary diagnoses include cerebral palsy, Down Syndrome, genetic disorders, cancer and a host of other physical disorders and developmental delays find a place where they can succeed as athletes and enjoy an activity which might otherwise be denied to them.

Benefits of therapeutic riding include improvements in:

- Trunk control, balance, muscle tone & strength
- Range of motion, flexibility & fine motor skills
- Cognitive & language skills
- Sensory integration & spatial awareness
- Confidence, pride & self-esteem

Therapeutic riding is both successful and costly. Over 40% of our students require tuition assistance in order to continue their sessions. We are reliant on the generosity of donors like you to continue to work with these very special children.

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Join the journey